

PE Long Term Plan

Trengrouse

	Autumn a	Autumn b	Spring a	Spring b	Summer a	Summer b
Year a	Football	Tag Rugby	Dance	Hockey	Swimming	
	Netball	OAA	Gym	Striking & Fielding	Athletics	
Year b	Basketball	Orienteering	Dance	Cricket	Swimming	
	Football	Hockey	Gym	Tennis	Athletics	

Trevithick

	Autumn a	Autumn b	Spring a	Spring b	Summer a	Summer b
Year a	Swimming		Dance	Gym	Orienteering/ Rounders	
	Football	Netball	Tag Rugby	Hockey	Athletics	
Year b	Swimming		Dance	Gym	Cricket/ Tennis	
	Basketball	Football	Handball	Orienteering	Athletics	

## Grylls

	Autumn a	Autumn b	Spring a	Spring b	Summer a	Summer b
Year a	Gymnastics-travelling		Swimming		Athletics 1	Striking & fielding
	Net & wall	Dance-animals	Dance-celebrations	Football	Cricket	Games 1
Year b	Gymnastics-stretching & curling		Swimming		Athletics 2	Games 4
	KS1 Fundamentals	Dance-Dinosaurs	Gymnastics-basic skills	Games 2	Games 3	OAA

## Lander

	Autumn a	Autumn b	Spring a	Spring b	Summer a	Summer b
Year a	Dance Fairy Tales	Games 1	Gym 1	Gym 2	Swimming	
					Fundamentals 1	
Year b	Dance Under the Sea	Games 2	Gym 1	Gym 2	Swimming	
					Fundamentals Athletics	